

REALISTIC PROMISES

GETTING IT DONE SERIES 2

Welcome to the 2nd video in our 'Getting it Done!' Video Series

We all set ourselves deadlines but a lot of us don't hold ourselves accountable to these deadlines. The conversation with ourselves goes like this. "I want my website up before the beginning of next financial year." Next financial year comes and we hear things like this. "I have been really busy." "Kids have been sick" "I tried to do it myself but it's harder than I thought." Are you getting the picture??? Then comes the "I will have it done by Christmas." And so the promises to yourself go on.

As you know our 12wba'ers don't have negative thoughts or excuses.

We also have to be aware of placing too much pressure on ourselves. I want you to make realistic timeframes and deadlines that will push you, but are still achievable. You have to feel a little scared but have the ability to get it done.

All you need is to be accountable to someone. When I have huge projects what I do is I tell everyone in my inner circle of family and friends what I am up to. That way I know every time I see each and every one of them and I mean each and every one they are going to ask me 'How's it going?' I don't want to say oh well I've been busy, I want to say It's going great I have finished this part and now I'm onto this part. And I know I'm going to get asked again next time I see them so I have to keep progressing.

I also have a business friend of mine who I trust and I meet with them regularly either by phone or in person and we keep each other accountable. We discuss what we achieved last week and what we want to achieve next week. We also have a great laugh about our stuff ups and learnings from the previous week too! Neither of us want to connect going 'I didn't do anything this week.' It feels like I let them down but really I would just letting myself down.

So be true to yourself and stick to your own promises and deadlines.

In the next video we will talk about Getting Side Tracked