

GETTING SIDE TRACKED

GETTING IT DONE SERIES 3

Welcome to the 3rd Video in our 'Getting it Done!' Video Series.

One of my favourite saying is 'Don't get side tracked by people who are not on track'.

What do I mean by this? As you commit and strive to reach your goals there will be other people who are not so committed. You know the ones I'm talking about, they are the ones who find all of the excuses to not succeed. They blame everything but themselves. They say things like "I've tried group coaching programs before – they don't work in my business." OR the ones that go "I've tried all that type of marketing it doesn't work in my area." You have to push these negativities out of your life. They will hinder your progress to success.

Now I want you to do something for me, I want you to make a rule not only during the 12wba program but in your business and life. I want that rule to be "I will not listen to anyone who is not more successful than me and who has not achieved what I want to achieve." When you listen to these successful people you will only hear positivity and you will be more successful more quickly.

Now we can't forget about the people who are not so negative but are very distracting. They say things like "How about we go for lunch or coffee" or "Let's go to the pub for a drink." These people are just looking for a reason not to do the work that will achieve any type of success. They are fluttering around socializing. When you are fully committed to your goals don't waste your time. It is valuable and you need to use it wisely.

Now if you're having just a tiny negative thought here about work life balance, I will forgive you this time, as you know 12wba'ers don't have negative thoughts. I'm not suggesting for a minute that this program or your goals should take you entirely away from your family. Just spend your down time wisely. I suggest either with the people you love the most or with people who will help you to your goal. So next time when you get the invite say to yourself they must tick one of these boxes: 1. Are they my family? 2. Will they help me get to my goal? If they don't tick a box then don't go! You will thank yourself for the decision.

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Make sure you get involved with the online 12wba community. Here you will meet and have conversations with inspiring thought leaders achieving great things. Our exclusive Facebook Group is another way of connecting with other 12wba'ers. You will see some people who you may want to be very involved in the community and comment a lot and we love that! Some of you may want to not be so involved and that's ok too. If you don't feel the need to comment no worries but make sure you scroll through the comments as there are always things that will help you through your journey and the 12wba program.

This program is designed to go at your speed. So if you do get sidetracked. Just get back on track! Don't stress out about it... there is no right or wrong timeframe with this program. Just do your best – and stay away from people who are off track!!!

In the next video we will talk about not having time for Chaos